

Ref Code: FED-TET-PE-06

Course Title: Teaching Mindset & Pedagogical Adaptability

Duration: 3 weeks (8–10 hrs)

Focus Area: Build a growth-oriented teaching mindset and adapt pedagogy to diverse learners and modern education contexts

Delivery Method: Blended (video lessons, peer learning, reflective practice, interactive workshops)

Prelude

Great educators are not just subject experts; they possess the right **mindset and adaptability** to respond to diverse learners and evolving education policies. With NEP 2020 emphasizing flexible, student-centered teaching, many educators must learn to **adapt pedagogy, embrace technology, and cultivate lifelong learning habits**. This course helps teachers build the mindset and adaptability required for long-term success while preparing them to tackle **competency-based pedagogy questions** in TET.

Prerequisites

- Basic familiarity with classroom teaching practices.
- Awareness of NEP/NCTE expectations (helpful but not mandatory).
- Openness to reflective practice and peer learning.

Target Audience

- Teachers preparing for TET and future teaching roles.
- Faculty members looking to align with NEP 2020/NCTE guidelines.
- Educators seeking to strengthen adaptability in teaching styles.

Course Description

This **3-week course** focuses on building a **growth mindset, adaptability, and reflective teaching practices** aligned with NEP 2020. Educators will learn strategies for differentiated instruction, technology integration, and lifelong learning.

Our targeted modules ensure teachers can approach competency-based pedagogy questions with confidence while also preparing for real-world classroom adaptability.

Learning Objectives

By the end of this course, participants will be able to:

1. Develop a growth-oriented teaching mindset.
2. Adapt pedagogy to suit diverse learner needs.
3. Integrate NEP-aligned approaches into teaching practice.
4. Apply technology effectively in the classroom.
5. Cultivate reflective and adaptive teaching habits.

Learning Outcomes

- Ability to adjust pedagogy for varied learners and contexts.
- Improved confidence in answering **competency-based pedagogy/adaptability questions**.
- Lifelong learning mindset as a teacher.

Key Takeaways

- NEP-ready teaching strategies.
- Growth mindset framework for educators.
- Differentiated and technology-aided teaching methods.
- Practical reflective tools for continuous improvement.

Key Skills Gained

- Growth mindset development
- Adaptability in pedagogy
- Differentiated instruction skills
- Technology-enabled teaching
- Reflective practice and self-improvement

Course Modules

Module 1: Developing a Growth Mindset

Subtopics:

- Fixed vs. growth mindset in teaching
- Building resilience as an educator
- Continuous professional learning mindset
- Overcoming self-doubt and limiting beliefs
- Competency-based mindset Q practice

Objective: Establish a growth mindset framework for teachers.

Outcome: Educators embrace continuous learning and confidence-building.

Key Skills: Resilience, mindset reframing

Module 2: Pedagogical Adaptability for Diverse Learners

Subtopics:

- Understanding diverse learning styles
- Differentiated instruction strategies
- Classroom adaptations for varied needs
- Inclusive pedagogy practices
- Case study: pedagogy adaptability questions in TET

Objective: Build skills to adapt pedagogy for different learners.

Outcome: Teachers effectively apply inclusive, adaptable pedagogy.

Key Skills: Inclusive strategies, classroom adaptability

Module 3: NEP 2020-Aligned Approaches

Subtopics:

- Key NEP 2020 highlights for educators
- Competency-based and experiential learning focus
- Integrating learner-centered strategies into classrooms
- Teacher roles as facilitators of learning
- NEP-related pedagogy Q practice

Objective: Equip teachers with NEP-compliant pedagogy.

Outcome: Confidence in both classroom practice and exam questions.

Key Skills: Policy alignment, learner-centered teaching

Module 4: Technology Integration in Pedagogy

Subtopics:

- Tools for digital teaching (online platforms, apps)
- Blended learning strategies
- Gamification and interactive teaching tools
- Technology as an enabler for inclusivity
- Practice: case-based tech-integration Qs

Objective: Prepare educators for tech-enabled classrooms.

Outcome: Teachers confidently integrate technology in pedagogy.

Key Skills: Digital literacy, tech-based pedagogy

Module 5: Reflective Teaching & Continuous Growth

Subtopics:

- Reflective journaling as a teacher
- Peer discussions and collaborative learning
- Self-evaluation of teaching effectiveness
- Setting personal growth goals
- Mock exam-style pedagogy adaptability questions

Objective: Promote reflective practice for lifelong growth.

Outcome: Teachers evolve as adaptive, reflective practitioners.

Key Skills: Reflective practice, lifelong learning

Closing Remarks

This course helps educators move beyond **exam preparation** to become **adaptable, future-ready teachers**. By combining growth mindset training, pedagogical adaptability, NEP alignment, and reflective practice, participants gain both **exam competence and professional resilience**.

Duration: 3 weeks (8–10 hrs)

Delivery Methodology: Blended learning (video lessons, reflective journaling, live peer discussions, case-based pedagogy Qs)